

The Journey to ABA Therapy



Glossary of Terms

Dosage

The amount of weekly therapy hours prescribed by the clinical team. Proper dosage is critical to making meaningful gains and reaching goals.

IBA

An Initial Behavior Assessment consists of caregiver interviews and child observations/assessments to identify needed skills and targeted behaviors.

Biopsychosocial

This assessment may be part of an initial clinical evaluation to assess biological, psychological, and social factors.

ADOS

The Autism Diagnostic Observation Schedule involves a series of tasks/observations to assess for features of autism/ASD.