

## ABA Services | Getting Started





# The NeurAbilities Difference

At NeurAbilities Healthcare, we bring together the experts needed to provide evaluations, diagnoses, and treatments for individuals with neurological, behavioral, and developmental concerns. Our experts work collaboratively to provide a seamless and supportive experience for patients.

And, since research indicates that early intervention results in better long-term outcomes, we are dedicated to coordinating and providing treatment for each child as soon as possible, based on individual needs and medical necessity.

Our dedicated and compassionate team begins with the understanding that each child is unique. Assessments are personalized and treatment plans are targeted with expert insight and guidance, every step of the way.

Furthermore, with a team that embraces diverse viewpoints and cultural differences, patients will feel truly accepted, respected, and cared for at NeurAbilities Healthcare.



## Our Mission

To transform the lives of patients through precision medicine, behavior sciences, and therapeutic treatments with compassion, dignity, and respect.

## Our Vision

To provide hope and achieve positive outcomes for those we serve.

## Our Values

Compassion ♦ Collaboration  
Integrity ♦ Excellence ♦ Joy



# About ABA Services

Applied Behavior Analysis or ABA is an evidence-based treatment method that has become widely accepted among health care professionals to treat individuals with autism. ABA encourages the development of many skills and is tailored to each individual based on their needs.

ABA programs range from 15-40 hours per week. Individualized treatment is prescribed based on each child's needs and medical necessity.

“**Adhering to the prescribed dosage of weekly therapy hours is critical to a child making meaningful gains and reaching goals.**”

-Kaori Nepo, PhD, BCBA-D, National Director, Behavior Services

## The Role of... BCBA | LBS

Your Board Certified Behavior Analyst (BCBA) or Licensed Behavior Specialist (LBS) is responsible for conducting assessments, developing individualized programs, training behavior technicians, and evaluating progress. A behavior support plan is developed that includes teaching strategies to reach the short term and long term goals for your child. The BCBA or LBS facilitates regular team meetings, school consultations, parent trainings, treatment, and collaborations across settings and caregivers.

## The Role of... RBT | BHT

Your Registered Behavior Technician (RBT) or Behavior Health Technician (BHT) is responsible for implementing teaching procedures, collecting data on behaviors and skill acquisition, generating session notes, organizing materials, and notifying the BCBA of any concerns related to your child's progress and programs. The technician will strive to make each session a fun and joyful experience for your child.



## Benefits of ABA Targeted Skills

- Communication
- Social Skills
- Self-Care
- Toileting
- Play
- Motor Skills
- Pre-Academic
- Foundational Skills
- Independence

# 8 Essentials for Effective Interventions



## Dosage

For the best results, follow the number of prescribed weekly therapy hours.



## Variety

Conduct services across settings, materials, and instructors to promote generalization.



## Timing

Get started with interventions as early as possible.



## Data

Take data to formulate effective teaching strategies and reach goals.



## Reinforce

Provide positive reinforcement on skills to maximize a child's potential.



## Instruct

Conduct one-to-one or very small group instruction.



## Care

Ensure caregiver involvement in treatment and training of skills.



## Goals

Have goals with specific targets across developmental domains.



# The Journey to ABA Therapy



1

## Initial Evaluation

Our expert clinical team provides the evaluations needed to determine an accurate diagnosis. This may require a Biopsychosocial and/or an ADOS assessment.



2

## Coordinate Benefits

Our clinic team coordinates benefits for an Initial Behavior Assessment (IBA).



3

## Behavior Assessment

A BCBA observes the child, interviews caregivers, and completes an IBA to determine the intensity of services.



4

## Treatment Options

The BCBA finalizes the IBA report with family input and reviews the assessment and service recommendations with the family.



5

## Assemble Your Team

The Clinical team will submit for authorization and will coordinate a special team of clinicians for each child.

## Glossary of Terms

### Dosage

The amount of weekly therapy hours prescribed by the clinical team. Proper dosage is critical to making meaningful gains and reaching goals.

### IBA

An Initial Behavior Assessment consists of caregiver interviews and child observations/assessments to identify needed skills and targeted behaviors.

### Biopsychosocial

This assessment may be part of an initial clinical evaluation to assess biological, psychological, and social factors.

### ADOS

The Autism Diagnostic Observation Schedule involves a series of tasks/observations to assess for features of autism/ASD.